Wet dreams are a natural bodily function that we have no control over. This included our Lord Jesus Christ. Given the fact that he was fully human as well as fully divine gives us the place to say that it is conceivable that He had wet dreams, and since He was a man without sin, wet dreams cannot be a sin.

—Post on soc.religion.christian, 3/1/1994

If Jesus ever ejaculated, one cannot help but wonder about the sperm. Was it, too, divine? When it dried up, were millions of tiny deities killed? Did Jesus’ semen, it’s never an average-sized load or a gargantuan Divinity Wad? And dare one wonder about the size, texture...and taste...of his genitals?

The words never apply to Christ as a sexual being. But God did send a son, not a daughter, so we assume that at the very least, Jesus had a penis. Jesus had a beard, so it must be assumed that he had a face, and probably even occasional morning erections. We know that he could suffer...but could he feel pleasure? Sexual pleasure? What sort of chicks might Jesus go for? After a sweaty day of carpentry and eyeballing Israeli maidens, was he tormented by dreams of their carnal allure?

Given that the Old Testament clearly forbids the wasting of one’s seed, the Gospels would never picture Jesus having nocturnal emissions. They were having wet dreams left and right. The apostles were a bunch of squint monkeys.

The quote from Deuteronomy gives us the answer, my brothers and sisters. Israeli soldiers who had no nocturnal emissions were regarded as ‘unclean’ and thus tainted by sin. And sin is always a choice, never an involuntary spasm. So, just like the medical framework...there’s no possible way that Jesus had wet dreams.

IN JEWISH MYTHOLOGY, Lilith was Adam’s first wife, but she was a little too bath for him and split for the Red Sea when Adam insisted on the missionary position. She whittled away the hours having group sex with demons, whom she claimed were better in the sack than Adam. By the Middle Ages, her legend as a semi-divine nymph was such that Hebrew men blamed her for causing their nocturnal emissions. They believed that Lilith or her daughters would visit at night and squat atop their unsuspecting cocks. It was also said that if a male infant laughed in his sleep, Lilith was trying to fool him. Christians altered the Lilith story into the legend of the succubus, ethereal sex kittens who drained believers’ balls as they slept. To ward off their charms, monks would sleep with their hands over their crotch, clutching a crucifix. Christian females could blame their sexual dreams on an incubus, the male counterpart to a succubus; in a pinch, they could also blame the incubus for their hunchbacks.

Of course, nobody blamed themselves for these erotic dreams, nor for the fluids left in their wake.

THE WIZARDS OF MODERN MEDICINE aren’t sure what causes wet dreams. As soon as one theory gains credence, some new study will come along to knock everything askew again.

Pragmatic explanations for wet dreams have focused on the purely physiological, pointing a finger at everything from full bladders to the brain’s processing of dreams. Others blame an accumulation of sexual tension which has found no release through ordinary outlets. It has been speculated that nocturnal emissions are the body’s way of flushing out sperm that has aged and past its vintage, but this doesn’t account for the fact that sexually inactive men never have wet dreams, while some sleeping studs squat over all the duck-down comforters two nights in a row even when enjoying lots of posty-tang in their waking hours.

What is known is that both men and women are capable of releasing orgasm while asleep. In fact, it’s much harder to spot the evidence with females. But the fact that women can also cum while sleeping would cast doubt on the idea that nocturnal emissions are caused primarily by friction—an involuntary rubdown of the penis on bed sheets, a mattress, or one’s pajamas. It’s difficult for a woman to accidentally rub her clit against something.

Sleep-time orgasms occur during the REM phase of sleep, during which most healthy men achieve at least a partial erection and most women lubricate vaginally. But what remains blurry is the role of dreaming...i.e., the role of human consciousness and willfulness...in taking physiological arousal to the level of orgasmic release. If there’s a required element of fantasy, then wet dreams are a no-acid event. They are the physical result of human beings creating pornography in their minds while sleeping.

If one can choose to have a wet dream, it would stand to reason that you could will to not have one. For me, the proof is in the pudding...or, rather, the lack there of.

Kind readers, I was a hardcore Christian for nearly two years from the age of 15 to 17. Those mid-teens years are supposedly the prime of one’s nocturnal emissions. Before becoming Christian, I spouted out a container-storage’s worth of early teen REM-jism. Rarely a day went by that I didn’t wake up with Alfredo sauce all over my face. But after giving my heart to the imaginary Jesus hologram in my head, I didn’t have a single wet dream. Not once for two years did my body feel the need to have sex with the imaginary Jesus hologram in my head. I didn’t have a single wet dream.

So if you wake up one morning with apple sauce all over your boxer briefs, don’t trust the pop psychologists who say you shouldn’t feel guilty. It wasn’t an accident—you’re dirty mind caused it.